

**PROGRESS NOTE**

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**Summary Information for Mike Byrnes**

Name: Michael Francis Byrnes

SSN: 999-99-9999

DOB: May 19, 1978

Case Worker: Kristin Smith

Agency: XYZ Community Mental Health Center  
5678 That Street  
Some Town, YY 12345  
Phone: 111-222-3333  
Fax: 111-222-4444

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Date: 3/19/12

Case Worker: Kristin Smith

Consumer: Michael Byrnes

Location: Outreach Office

Narrative:

Case manager (CM) received referral from Mr. Allen Werther to meet with his friend who is currently living under Barlow's Bridge in Rickett's Glen Park. Mr. Werther states that his friend, Michael "Mike" Byrnes, has been living there for a few years and has been refusing Allen's help because Mike distrusts the government and "thinks they are out to get him." Allen has been trying to help Mike apply for disability benefits, but has not been able to get Mike to sign the papers. Allen reports that Mike has been hospitalized and diagnosed with Schizophrenia and PTSD, but does not take any medications for it.

CM will meet Mike tomorrow where he is living, accompanied by Allen. Of note, Allen requests that outreach staff not wear belts, headphones with ear buds, or talk on cell phones when coming to meet Mr. Brynes. Mr. Werther states Mike will refuse to meet with anyone who does this and has told Mr. Werther, "People use them to send my thoughts to the government by radio waves." CM acknowledged this request and will refrain from the above when meeting with Mike.

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Date: 3/20/12

Consumer: Michael Byrnes

Case Worker: Kristin Smith

Location: Barlow's Bridge - Rickett's Glen  
Park

Narrative:

**Initial assessment note**

CM met with Mr. Byrnes under Barlow's Bridge in Rickett's Glen Park, where he currently lives. Mr. Byrnes is African American, 5'10", 160lbs, with short dark hair and unshaved facial hair. He appeared to be wearing unwashed clothes and was malodorous. Mr. Byrnes was referred by his friend, Mr. Allen Werther, who was present at the initial meeting. Mr. Byrnes has a medium sized dog named "Floyd" who sat beside him. Mr. Werther introduced CM and Mr. Byrnes states he likes to be called "Mike." CM explained to Mike that we would like to help him access income and housing, so that he could find a place to live with Floyd, and we'd like to ask him questions that would help us do that. Mike initially appeared reluctant to speak with me, as evidenced by poor eye contact, guarded affect, and limited verbal responses. He displayed hypervigilance and continuously looked behind this CM and around his campsite.

Past/History: unable to obtain

Housing: Mike has been living under bridge for two years. Reluctant to give details.

Physical health: Mike states he "has pains" in his teeth and stomach.

Mental health: Was reluctant to answer questions about this, but displayed paranoia.

Food stamps: Currently has food stamps. Recertified for them two months ago; will not have to recertify until next year.

CM asked how we could find him if we needed to give him a message. Mike states that he is always at his campsite and rarely leaves, but warns not to give information on his location to others. He says, "You have to have the intel on where to find me. I don't have a phone. Too many radio devices in phones. They track you that way, follow you."

Mike ended visit after 15 minutes and states, "I'm done talking. I have a headache" CM agreed to meet with Mike in 3 days at the same location. CM will attempt to gather more information at that time and try to engage in clinic services. CM will bring pants, shirt, and socks to Mike.

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Date: 3/23/12

Consumer: Michael Byrnes

Case Worker: Kristin Smith

Location: Barlow's Bridge - Rickett's Glen  
Park

**Narrative:**

CM met with Mike under Barlow's Bridge. Mr. Werther was present at the meeting and encouraged him to let me know how things have been going. Mike was wearing the same clothing as previous meeting and was malodorous. CM brought clothing from the outreach clothing closet to Mike; however, he asked repeatedly where CM got the clothing from. Mike appears reluctant to accept the clothes.

Mike was more open in answering CM's questions, but began to display tangential thought pattern and flight of ideas after approximately 20 minutes, as evidenced by when CM asked Mike about family life growing up and he said, "It was so hot and they were always talking on the radio. You couldn't concentrate or get cool. Do you know how hot it was? It was just so hot." This CM had difficulty redirecting Mike and he continued, "All the radios make it difficult for me to hear." Mike maintains poor eye contact and appears to be responding to internal stimuli.

History: Born in Middleton, PA. Raised with mother and father (both died in car accident while Mike was in Iraq). 3 sisters. Talks with one sister – Catherine Daniels. No contact with other sisters – they live in Southwest USA. One past "important" girlfriend – no current relationship.

Housing: Has been homeless since leaving the Army in June 2006. Lived with ex-girlfriend "for a while" and then stayed with various friends. Living in current location under bridge for 2 years. When asked what led him to live outside, he says, "People just stare at you. They follow you. You gotta keep running, hiding from them. They follow you. I gotta be in the open air. I gotta be away from them. You can't trust nobody."

Mental Health: Reports receiving mental health treatment at County General Hospital.

Physical Health: Treatment at County General Hospital for Hepatitis C, headaches, joint pain, and stomach aches ("those toxins in Iraq made me sick"). Hasn't been to dentist since left Army (won't go because "they'll put a tracking device in me")

CM explained the SSI/SSDI application process and the SSA-1696 representative form. Mike looked to Mr. Werther and stated, "If you think it's okay, then I guess I'll try it." Mike signed the

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SSA-1696. Mike also signed release of information forms and SSA-827 forms for the above treatment facilities and releases for his sister, Catherine Daniels, and his friend, Allen Werther.

CM also encouraged Mike to apply for VA benefits to see if he is eligible for any compensation from his time in the Army. Mr. Werther stated that he would assist Mike with the VA application, as he knows a military benefits specialist.

CM will meet Mike in four days at same location to complete service plan and continue to gather information for SSI/SSDI claim. Mike agreed to meet CM without Mr. Werther present.

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Date: 3/27/12

Consumer: Michael Byrnes

Case Worker: Kristin Smith

Location: Barlow's Bridge - Rickett's Glen  
Park

**Narrative:**

CM met with Mike at his campsite to complete the Case Management Service Plan. Mike appears to be wearing the same clothing as on previous occasions and is malodorous. When asked if he likes the clothing this CM brought to him, he doesn't answer and looks at the ground. I let him know that it's okay if he doesn't want to wear them and he states quietly while looking away, "I just don't like things...you know, I just have to know where they come from. You never know if things could be infiltrated." CM stated again that it's okay and will try to find new clothes for Mike. He appears more relaxed with me at this meeting and is more talkative and speaks quickly when asked questions. Mike displayed tangential thought patterns and would begin speaking about unrelated topics until CM redirected him back to the conversation.

Employment: Did odd jobs as a teen. In Army 2002-2006. Worked at a garage, landscaping, and fast food. No work since January 2008, except "odd jobs" for friends or his sister in exchange for food. When asked how long he held his jobs, he states, "Never for more than a few weeks. I tried, but every time the people there...you just can't trust them. They kept whispering about me, about how to get me. And then when I confronted them, I was the one to get fired. Like I said, they were out to get me and they did."

Education: graduated high school. Had some problems concentrating and with reading and math. Had his sisters do his homework for him because he couldn't focus on it. Didn't like being in school because he was bullied.

Income: currently no income. Will work together on SSI/SSDI application using SOAR. Mike has expressed anxiety about the application – CM will continue to reassure him that we will work together and that this will lead to safe housing.

Housing: Will work on finding transitional housing that will accept his dog, Floyd. Mike won't go to a shelter because he'd have to leave his dog and because of "all those people there."

Social/Interactions with others: Says Allen and Floyd are his only friends. Talks to his sister Catherine "sometimes" but says his other sisters are "holier than thou" and a "bunch of

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hypocrites” so he won’t have anything to do with them. States they heavily use alcohol and drugs (except Catherine) and says, “They criticize me, but sometimes they are worse than I am.”

A&D: Started drinking at 11 and hid it from parents. Would drink with Charlene (younger sister). In high school began marijuana and heroin, but stopped in the Army (“I was a good soldier. No drugs. I drank during leave, but that’s it. I was a good soldier.”). Began using heroin again after Army. When asked why, he states, “It calms me. It stops the noise in my head.” States he currently uses heroin, methadone, or oxycontin when he has money and alcohol when he has “extra money.” He does state that “it’s not often I have anything.” When asked about marijuana, cocaine, or methamphetamines, he shakes his head no furiously, with no explanation. When asked if he has ever gotten treatment, he states, “I went to the county methadone place, but it was too far so I stopped going.” Reports that he went to a “charities place” to talk about substance use because he “was forced to by the government.” CM will send a release to Local Charities Substance Abuse Treatment, in case this is the facility he is referring to.

Legal: Has been in/out of jail since 2006. Trespassing. Couldn’t remember dates (“I try, I just can’t remember those things...when I try my brain races and I get confused.”). Says he was “locked up because people mess with me on the street. They’re following me. I yell at them to stop, but they don’t. The cops come and lock me up, but they aren’t locking up the people who are after me.”

Mike signed additional releases for the County Jail and Local Charities Substance Abuse Treatment. CM will meet with Mike again next week to continue engaging him for services and gathering information for the SOAR Medical Summary Report.